

San Diego Farmers and Fish Markets

Senior Sow What Take Action Project by Jessica McWilliams Troop 2057

(Information as of June 2020)

Importance

It is important to buy local food from farmers and fish markets to limit one's food footprint. Food that has to travel across the country or the sea leaves a larger impact on the environment than local food. This food passes through more people's hands and travels a much greater distance. This means more fuel being released into the air and the same amount of money being split between more people in separate places. If the food is bought locally the money stays in circulation around the community, boosting the economy. Buying local food helps the environment and supports local farmers in the community. Additionally, it has been proven that local food is healthier and safer than shipped products.

Fish Markets

Tuna Harbor Docksider Fish Market

Saturday - 8:00 AM to 1:00 PM

Fish Harbor Pier (near Tuna Harbor, between the USS Midway & Seaport Village)

San Diego, CA 92101

<https://www.thdocksidemarket.com/about>

El Pescador Fish Market

Everyday - 10:00 AM to 9:00 PM

634 Pearl St

La Jolla, CA 92037

<https://www.elpescadorfishmarket.com/>

Catalina Offshore Products Fish Market

Tuesday-Friday 8:00 AM to 5:00 PM

Saturday & Sunday 8:00 AM to 3:00 PM

Closed Mondays

5202 Lovelock Street

San Diego, CA 92110

<http://catalinaop.com/fish-market/#.XvUNiWhKhPY>

Farmers Markets

Monday

Welk Certified Farmers Market (Escondido)

3:00 to 7:00 PM
8860 Lawrence Welk Drive
Escondido, California 92026
<https://visitescondido.com/events/farmers-market-at-welk-resort-escondido/>

Tuesday

Coronado Certified Farmers Market

2:30 to 6:00 PM
1201 First Dr. at B Ave., Ferry Landing
Coronado, CA 92118
<http://coronadovisitorcenter.com/the-place-to-be-outdoors/shopping/coronado-farmers-market/>

Chula Vista - Otay Ranch Certified Farmers Market

4:00 to 8:00 PM (Winter hours: 3:00 to 7:00 PM)
2015 Birch Road and Eastlake Blvd.
Chula Vista, CA 91915
<https://www.otayranchtowncenter.com/en/visit/otay-ranch-market.html>

Escondido Certified Farmers Market

2:30 to 6:00 PM
266 East Grand Ave. - at Juniper & Kalmia
Escondido, CA 92025
<https://www.escondido.org/farmers-market.aspx>

Mira Mesa Certified Farmers Market

2:30 to 7:00 PM (February - October, Opens 2nd Tues in Feb.)
2:30 to 6:00 PM (November - February, closed in January)
Mira Mesa High School
10510 Reagan Road
San Diego, CA 92126
<https://www.sandiego.com/beauty-and-shopping/mira-mesa-farmers-market>

Wednesday

Little Italy Wednesday Certified Farmers Market

Wednesday: 9:00 AM to 1:30 PM
501 West Date Street- From Kettner Blvd. to Front St.
San Diego, CA 92101
<https://www.littleitalysd.com/events/little-italy-wednesday-market>

Santee Certified Farmers Market

3:00 to 7:00 PM (March - October)
2:30 to 6:30 PM (November - February)
9608 Carlton Hills Blvd. (corner of Mast & Carlton Hills Blvd)
Santee, CA 92071
<https://santeefarmersmarket.com/>

Carlsbad State Street Certified Farmers Market

3:00 to 7:00 PM (March-October)
3:00 to 6:00 PM (November-February)
2900 State Street between Carlsbad Village Drive and Grand Avenue
Carlsbad, CA 92008
<https://www.carlsbad-village.com/events/farmers-market>

Thursday

Linda Vista Certified Farmers Market

3:00 to 7:00 PM (March-August)
2:00 PM to 6:00 PM (September-February)
Linda Vista Plaza Shopping Center
6931 Linda Vista Road
San Diego, CA 92111
<https://bestfarmersmarkets.org/place/linda-vista-certified-farmers-market-san-diego-ca.html>

Lemon Grove Certified Farmers Market

3:00 PM to 7:00 PM
2885 Lemon Grove Avenue - At VFW Post 2082
Lemon Grove, CA 91945
<https://bestfarmersmarkets.org/event/lemon-grove-certified-farmers-market-2020-01-30-lemon-grove-ca.html>

Oceanside Certified Farmers Market

9:00 AM to 1:00 PM
Pier View Way & Coast Hwy 101
Oceanside, CA 92054
<https://www.mainstreetoceanside.com/farmers-market>

Rancho Bernardo Thursday Certified Farmers Market & Specialties

11:00 AM to 2:00 PM
Bernardo Winery
16535 Via Esprillo- Between Via Frontera and Via Del Campo
San Diego, CA 92127
<https://www.eatwellguide.org/listings/37356>

Friday

Imperial Beach Certified Farmers Market

2:00 to 7:00 PM (April - October)
2:00 to 6:00 PM (November - March)
Imperial Beach Pier Plaza
10 Evergreen Ave
Imperial Beach, CA 91932
<https://imperialbeachfarmersmarket.org/>

Borrego Springs Certified Farmers Market

7:00 AM to 12:00 PM (November - April)

7:00 AM to 10:00 AM (May - October)

Christmas Circle - 700 Palm Canyon Drive and Borrego Springs Road

Borrego Springs, CA 92004

<https://scrippsamg.com/farmers-market/borrego-springs-farmers-market/>

La Mesa Village Certified Farmers Market

3:00 to 7:00 PM

La Mesa Blvd. between Palm Ave. and Allison Ave.

La Mesa, CA 91942

<http://www.lamesavillageassociation.org/events/la-mesa-village-farmers-market.aspx>

Saturday

City Heights Certified Farmers Market

9:00 AM to 1:00 PM

On Wightman St. between Fairmount and 43rd Street

San Diego, CA 92125

<https://www.sandiego.gov/event/city-heights-farmers-market-every-saturday-22>

Little Italy Mercato Certified Farmers Market

8:00 AM to 2:00 PM

501 W. Date Street from Kettner Blvd. to Front St.

San Diego, CA 92101

<http://sandiegomarkets.com/little-italy-mercato/>

Del Mar Certified Farmers Market

1:00 to 4:00 PM

Civic Center

1050 Camino Del Mar

Del Mar, CA 92014

<https://delmarfarmersmarket.org/>

Poway Certified Farmers Market

8:00 to 1:00 PM

14134 Midland Road at Temple Street

Poway, CA 92064

<https://poway.org/456/Farmers-Market>

Rancho Penasquitos YMCA Certified Farmers Market

9:00 AM to 1:00 PM

9400 Fairgrove Lane (at Salmon River Road)

San Diego, CA 92129

<https://hulafrog.com/san-diego-north-ca/-rancho-penasquitos-ymca-certified-farmers-market-san-diego-18cd>

Vista Certified Farmers Market

8:00 AM to 12:00 PM
County Courthouse
325 South Melrose Drive
Vista, CA 92081
<https://www.vistafarmersmarket.com/>

Sunday

Gaslamp Artisan Market

10:00 AM to 3:00 PM
On Fifth Avenue Between Market Street and J Street
San Diego, CA 92101
<https://www.gaslamp.org/2019/04/gaslamp-artisan-market/>

Leucadia Certified Farmers Market

10:00 AM to 2:00 PM
Paul Ecke Elementary
185 Union Street (at Vulcan)
Encinitas, CA 92024
<http://www.leucadiafarmersmarket.com/>

Rancho Santa Fe Certified Farmers Market

9:30 AM to 2:00 PM
Del Rayo Village Shopping Center
16079 San Dieguito Road
Rancho Santa Fe, CA 92091
<http://ranchosantafefarmersmarket.com/>

Solana Beach Certified Farmers Market

12:00 to 4:00 PM
401 South Cedros Avenue
Solana Beach, CA 92075
<https://solanabeachfarmersmarket.com/>

North San Diego (Sikes Adobe) Certified Farmers Market

10:30 AM to 3:30 PM
Sikes Adobe Historic Farmstead
12655 Sunset Drive
Escondido, CA 92025
<http://www.northsdfarmersmarket.com/>